

PRIVATE LESSONS (1 - 4 people)

● SKI & SNOWBOARD

Your tailor made program! Beginner or expert, the most careful or the rashest, get your own personal coach. Together, you will define your objectives. In his company, you will discover the most beautiful landscapes of the region and he will be happy to make you share his passion.

Rates private lessons:





1 hour / 1 person : 70.- CHF (+ 10 CHF per extra person)
1 day / 1 person : 420.- CHF (+ 40 CHF per extra person)

● PRIVATE LESSONS UPON REQUEST





Télémark, Freestyle, FreeRide (security equipment to be rent directly at ESS Montana), snowskate, snowblade, snowbike, airboard, snowshoes hike.

LEVEL

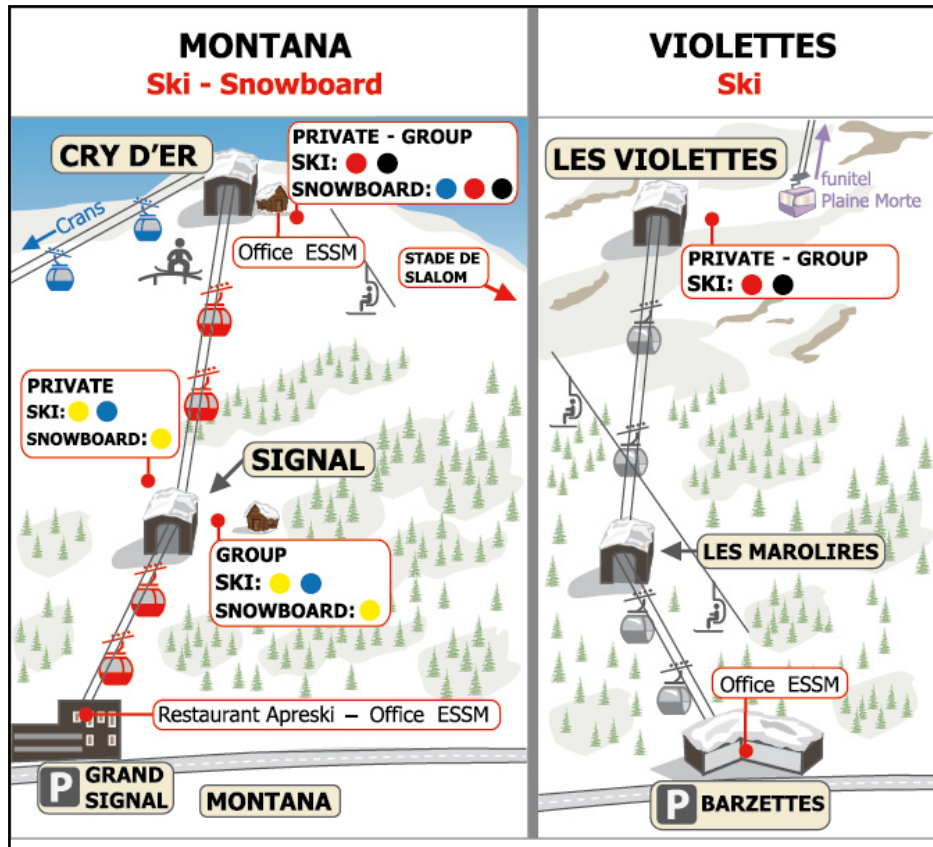
SKI

-  You have never skied before.
-  You know how to stop and turn in snowplough. You can take the ski-lifts easily.
-  You start skiing in parallel and can ski down a red slope.
-  You can ski in parallel in any condition and on every slope.

SNOWBOARD

-  You have never tried snowboard before.
-  You know how to slip and stop. You can turn on blue slopes. You want to improve your technique and flow.
-  You can turn on a red slope. You want to go faster everywhere or start freestyle.
-  You master your turns on every kind of slopes. You want to get down on steeper slopes and to carving turns. You also want to make some jumps and freestyle (ollies, fakies)

PRINCIPAL MEETING POINTS :



● RECOMMENDATIONS :

- In order to take the best advantage of your class, we advise you to consider having a time slot of at least 2 hours.
- During high season, it is more enjoyable to ski during the afternoon in order to avoid lines.